



## PROCEDURAL INSTRUCTIONS

Our office staff will let you know what blood work you need to complete. We will provide you with the necessary orders. If you already have blood work completed within 2 months of your procedure, you may use those results. Please fax all blood work results to 214-956-4655

- If you are taking blood thinners, please let our office know so we can advise you when to stop taking them

### *Day of Procedure*

Please arrive 10 minutes before your scheduled appointment time. Payment will be taken upfront. We will then take you into the injection room to prep your IV for moderate sedation.

- IF YOU ARE GETTING SEDATION
- You may eat a light meal 6 hours before your procedure, and then nothing after. You may take sips of clear liquids only (ex. apple juice, gatorade, water) **until an hour before procedure. You must have a driver if we use sedation.**
- Do Not drive or operate any machinery, you need a driver.

If you experience any of the following call our office at 214-618-4010:

1. Fever, chills, sweats, hardness or redness at the injection site.
2. weakness or new numbness
3. Severe headache after an epidural injection. This could indicate a "Dural leak" and usually resolves without complication.